

**Counseling  
Department**  
Vertus High School

**Jillian Flanagan &  
Ashley Zahn**

# Who Are the School Counselors?

Ms. Zahn (1st Years & 2nd Years)

Phone Number: 585-280-3094

Email: [Azahn@vertusschool.org](mailto:Azahn@vertusschool.org)

Ms. Flanagan (3rd Years & 4th Years)

Phone Number: 585-363-1397

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# NYS Regents Diploma Credit Requirements

	MINIMUM NUMBER OF CREDITS
<b>English</b>	<b>4</b>
<b>Social Studies</b> <i>Distributed as Follows:</i> <i>U.S. History (1)</i> <i>Global History and Geography (2)</i> <i>Participation in Government (1/2)</i> <i>Economics (1/2)</i>	<b>4</b>
<b>Science</b> <i>Distributed as Follows:</i> <i>Life Science (1)</i> <i>Physical Science (1)</i> <i>Life Science or Physical Science (1)</i>	<b>3</b>
<b>Mathematics</b>	<b>3</b>
<b>Languages Other than English (LOTE)</b>	<b>1(*)</b>
<b>Visual Art, Music, Dance, and/or Theater</b>	<b>1</b>
<b>Physical Education (participation each semester)</b>	<b>2</b>
<b>Health</b>	<b>0.5</b>
<b>Electives</b>	<b>3.5</b>
<b>Total</b>	<b>22</b>

# Regents Diploma Exam Requirements

	Regents Diploma for All Students	
REGENTS EXAM or passing score on a Department Approved Alternative	# of Exams	Passing Score
<b>English Language Arts (ELA)</b>	<b>1</b>	<b>65</b>
<b>Math</b>	<b>1</b>	<b>65</b>
<b>Science</b>	<b>1</b>	<b>65</b>
<b>Social Studies</b>	<b>1</b>	<b>65</b>
<b>Pathway (See note 1 on reverse side)</b>	<b>1 or CDOS</b>	<b>65 if Regents Exam</b>
<b>Compensatory Safety Net</b>	<b>Non Applicable</b>	

\*Note:  
A student may choose a 5th Regents Exam in any of the four core subjects

# Advanced Regents Diploma

- Need 8 Regents Exams:
  - ELA
  - 3 Math- Algebra 1, Geometry, Algebra 2
  - 2 Science- Living Env and Physical (Earth Science, Physics or Chemistry)
  - 2 Social Studies- Global and US
- 3.0 Credits of LOTE (instead of 1.0)
  - At Vertus: Spanish 1, Spanish 2 and Spanish 3
  - Local Checkpoint B after completion of Spanish 3

# Early Graduation Procedure

- 3rd year students wishing to graduate one year early must meet all requirements by **November 1st**.
- If a student does not meet the November 1st deadline, we can not guarantee a diploma or a spot at the June graduation ceremony.

## Requirements:

- 1- The student meets with his school counselor to go over credits, graduation requirements, and future planning.
- 2- The parent or guardian must set up a phone/virtual conference with the counselor and then must sign off on the plan.
- 3-The student's preceptor and principal must approve and sign the early graduation plan

# NCAA Certification

- Vertus is now an certified NCAA school.
- If your child is interested in playing a sport in college it is vital you contact our Athletic Director, Rich Maez.
- Mr. Maez and Ms. Zahn need to ensure that your child is taking the correct courses to meet the NCAA requirements.
- Please feel free to call Mr. Maez or Ms. Zahn if you have any questions.

# Work Permits

- Please contact Ms. Zahn if your child is interested in a work permit.
- You will need to fill out Part 1 of the form and bring in a copy of your child's most recent physical.

[Work Permit Application](#)



# Pointii

- This is a career based program for our 2nd & 3rd year students.
- Lawrence Forte, the owner of Pointii, will be coming in twice a week to work with students on completing their profile.
- The benefit of Pointii is that it helps students create a resume. It allows them to learn more about themselves and gain employability skills.
- They will have the opportunity to enhance their interviewing skills, learn more about the job market and even get help from Lawrence on landing jobs in the community.
- Please support your child and give them friendly reminders to log on to Pointii to work on their profile while they are home!

# DMV Permit Testing

- Eligible 3rd and 4th year students will be able to take their drivers permit test online at Vertus!
- Students can sign up on this spreadsheet:
  - <https://docs.google.com/spreadsheets/d/1MBccm7y6BBqC4-PLUpsN4Kv9KoOC8vBrci07CxQ1xjA/edit?usp=sharing>
- Forms you should start getting together now to take to DMV appointment:
  - Social Security Card, Birth Certificate & School ID or Transcript
  - \*A parent/guardian with a valid drivers license
- Cost will depend on age (at least \$75) that need to be paid at DMV appt
  - Includes 5 year permit and license within that 5 years, and 2 attempts at road test

# Drivers Program at Vertus

- Exciting opportunity for eligible seniors and juniors!
- 5 hours of private driving lessons + 5 Hour Course + Scheduled Road Test→ Paid for by Vertus!
- Eligibility:
  - Must have your learner's permit
  - Must currently have at least 4 Regents Exams and 17 credits
  - Must have good academic/attendance standing and have a recommendation from a preceptor
- If you think you qualify, next step is to fill out the application and return it to Ms. Flanagan
- Accepting Applications for Fall Semester until November 1st, 2020
- Application:  
<https://docs.google.com/document/d/1y-bQRDNeVcrISjM5RcWlgBzUD55LKGpsL9qGuPzxzEQ/edit?usp=sharing>

# Upcoming College/Career/Trade/Military Presentations

- Follow the link to our virtual calendar of events
- The zoom link will be posted ahead of time for so students/families can join in from home
  - <https://calendar.google.com/calendar/u/0?cid=Y19ka2dicTh0N3JqcnNtNGdhM3ZjMHBxb21pMEBncm91cC5jYWxlbmRhci5nb29nbGUuY29t>

# College Search & Application Process

- The time to start exploring colleges and looking at applications is NOW...no matter what grade you are in!
- Check out this checklist of things you should be doing now, based on your grade level:
  - <https://studentaid.gov/sites/default/files/college-prep-checklist.pdf>
  - <http://rochestercan.org/college-info/checklist.html>
- Additionally, check out this PowerPoint created by the Counseling Office:
  - [How to Begin the College Search & Application Process](#)

# Bryant & Stratton Program

- Parents of 11th & 12th graders who are ahead in their credits please contact Ms. Zahn about your child signing up to take classes at Bryant and Stratton College.
- Bryant & Stratton offers various programs where students could receive a diploma, associates degree and even a bachelor's degree!
- Your child could start taking classes as a high school student and earn up to 21 credits tuition free!
- If students decide to continue their education with Bryant & Stratton after high school they could earn up to 10,000 dollars in scholarships based of their GPA.

# MCC Instant Admission Day

- Tuesday, October 20th!
- Students assigned certain time slot to meet one-on-one with an MCC Admissions Rep
  - During the meeting, the rep will discuss financial aid, dorms, EOP, registration, and all next steps needed in order to begin college!
- Even if a student doesn't plan on attending MCC in the fall, it never hurts to have this as a backup plan
- During the next month, I will be helping seniors fill out the MCC application (only takes about 10 minutes). I highly encourage remote seniors to complete the application so they can participate in the Instant Admission Day.
- Application Link: <https://www.monroecc.edu/quick-links/apply/>
  - Step 1: Create an Account
  - Step 2: Apply to MCC Online

# EOP & HEOP Program at Colleges

- SUNY EOP and private colleges' HEOP Programs provide academic support and financial aid (free money!) to students who show promise for succeeding in college
- Available to first-time, full-time, matriculated students, the program supports students throughout their college careers within the University
- To qualify, a student/student's family must fall at or below the total annual income based on number of people residing in the household
- This year, all financial documents can be uploaded online!

Check out this link for more information:

[https://www.suny.edu/media/suny/content-assets/documents/summary-sheets/EOP\\_profile.pdf](https://www.suny.edu/media/suny/content-assets/documents/summary-sheets/EOP_profile.pdf)

## EOP Income Guidelines\* 2021-22

Household Size (Including head of household)	Total Annual Income
1	\$ 23,606
2	31,894
3	40,182
4	48,470
5	56,758
6	65,046
7	73,334
8	81,622*

\*Plus \$8,288 for each additional household member in excess of eight.



# Financial Aid & Scholarships

- Check out this additional PowerPoint Presentation for more in depth information on Financial Aid and Scholarships:
  - [Financial Aid & Scholarship Presentation](#)

# Trades and Job Opportunities

## Trades

- A number of trades companies are short on workers and looking to hire Vertus students when they turn 18 and graduate
- Isaac Heating and Cooling has a 6 week training program with guaranteed job placement upon completion
  - [Training Program at Isaac Training & Education Center \(ITEC\)](#)
- The REOC Building Downtown also offers a number of trade programs year round
  - [REOC Program Offerings](#)

## Job Opportunities

- Find current job posting on our 'Vertus Counselors' FaceBook page.
- Vertus partners with Dream Bikes on getting our students jobs at the shop. Please contact the counselors for more information.