



Weekly Update

12/15/24

Overcoming Fear

This week at Vertus, we've been diving into an important and inspiring theme: *Overcoming Our Fears and Slaying Giants*. We want our students to understand that fear and obstacles are a part of life, but how we respond to them defines who we are. Each morning, we declare these words together: *We do not falter in the face of fear or obstacles*. This is more than just a saying—it's a way of life.

Through discussions, lessons, and activities, we've been encouraging our students to reflect on their personal "giants."

Whether it's fear of failure, self-doubt, or a challenging situation, we're teaching them that with courage, determination, and support, they have the power to conquer anything that stands in their way.

This message is especially important as we approach the final stretch before break. We're encouraging our students to stay focused and give their best effort to finish strong. Resilience and perseverance now will set the tone for their continued success.

To celebrate their hard work and determination, we have an exciting day planned for this Friday! There will be fun activities, opportunities to connect with their peers, and some amazing prizes to reward their efforts. It's an event your child won't want to miss!

Thank you for your continued support in helping us instill these powerful lessons in our students. Together, we're shaping confident, resilient young men who are ready to face life's challenges head-



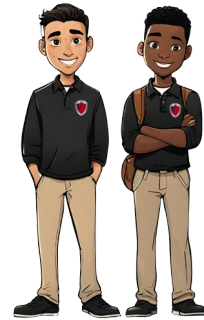
on.

Warm regards,

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Student Uniform

We are reaching out to remind everyone of the importance of adhering to our school uniform and appearance policy. Maintaining proper attire is essential for creating a focused and respectful learning environment.



Please take note of the following expectations:

1. **No Hoodies:** Students are not allowed to wear hoodies during the school day.
2. **Proper Shirt Wear:** Students must wear their shirts correctly. Arms cannot be inside their shirts at any time.
3. **No Sagging Pants:** Students must wear their pants at the waist. Sagging is not permitted. Students will be expected to wear a belt and pull their pants up. Failure to comply will result in disciplinary action.

We ask for your support in reinforcing these rules at home. Please remind your son to come to school each day prepared to follow the uniform and appearance policy and maintain a professional demeanor.

Thank you for your partnership in helping us uphold high standards for all our students. If you have any questions or concerns, feel free to contact us.

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Toys for Tots

This holiday season, let's come together as a community to make a difference! We're hosting a Toys for Tots Christmas Campaign to bring smiles to children in need. You can be the reason a child wakes up to joy on Christmas morning! The Donation box is located in the front at the top of the stairs at Vertus High School



Here's how you can help:

- Donate a New, Unwrapped Toy: Drop it off at the collection box in the main office or designated locations by [insert deadline].
- Spread the Word: Encourage friends, family, and coworkers to join the cause.

Every donation counts! Whether it's a small action figure or a cuddly stuffed animal, your gift will light up a child's holiday.

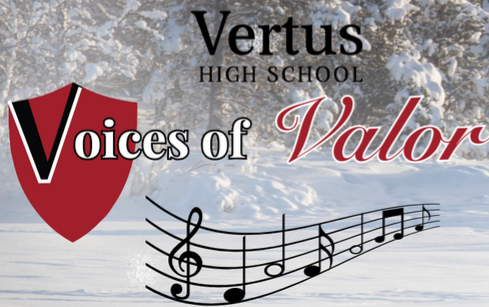
Let's show what the power of kindness can do. Together, we can make this season brighter for those who need it most. ✨

Upcoming Events:

Winter CELEBRATION!



Featuring: **DECEMBER 20TH
6:00 PM**



Pics with Santa and the Grinch!



Athletic Schedule

VERTUS WARRIORS DEC 15 - 21

WEEKLY SCHEDULE WEEKLY



15 SUNDAY	16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY	21 SATURDAY
TRACK PRACTICE 3:00-4:15PM	TRACK PRACTICE 3:00-5:45PM	TRACK PRACTICE 3:00-5:45PM	TRACK PRACTICE 3:00-5:45PM	TRACK PRACTICE 3:00-5:45PM		TRACK MEET @ NAZ 9:00AM-1:00PM
	BOWLING VS FINNEY 4:00PM	BOWLING VS UPREP 4:00PM	BOWLING PRACTICE 3:00-5:00PM		BOWLING VS ARCHANGEL 4:00PM	
	F BBALL @ EDISON 4:30PM	F BBALL PRACTICE TBD	F/JV BBALL PRACTICE 3:00-4:30PM	F BBALL VS UPREP 4:00PM	F/JV BBALL PRACTICE 3:00-4:30PM	F BBALL @ AQUINAS 11:00AM
	JV/V BBALL PRACTICE 3:00PM/4:45PM	JV/V BBALL VS EMHCS 4:30/6:00PM	V BBALL PRACTICE 4:45-6:15PM	JV/V BBALL PRACTICE TBD	V BBALL PRACTICE 4:45-6:15PM	



SEASON SCHEDULE

DEC 03		ROCHESTER PREP 6:00 PM ROCHESTER PREP HIGH SCHOOL	JAN 24		HONEOYE FALLS-LIMA 6:00 PM VERTUS HIGH SCHOOL
DEC 05		BISHOP KEARNEY 6:00 PM VERTUS HIGH SCHOOL	JAN 25		SCHOOL OF THE ARTS 1:30 PM VERTUS HIGH SCHOOL
DEC 10		CHARLES FINNEY 7:30 PM CHARLES FINNEY HIGH SCHOOL	JAN 28		EDISON TECHNICAL 6:00 PM VERTUS HIGH SCHOOL
DEC 12		ROCHESTER ACADEMY 7:00 PM ROCHESTER ACADEMY CHARTER HIGH SCHOOL	JAN 31		GREECE ODYSSEY 6:00 PM VERTUS HIGH SCHOOL
DEC 13		HONEOYE FALLS-LIMA 7:00 PM HFL SENIOR HIGH SCHOOL	FEB 04		BISHOP KEARNEY 6:30 PM BISHOP KEARNEY HIGH SCHOOL
DEC 17		EUGENIO MARIA DE HOSTOS CHARTER 6:00 PM VERTUS HIGH SCHOOL	FEB 07		EDISON TECHNICAL 6:00 PM EDISON TECHNICAL HIGH SCHOOL
JAN 07		GREECE ODYSSEY 6:45 PM GREECE ODYSSEY ACADEMY	FEB 11		ROCHESTER PREP 6:00 PM VERTUS HIGH SCHOOL
JAN 09		EUGENIO MARIA DE HOSTOS CHARTER 6:00 PM VERTUS HIGH SCHOOL	FEB 14		SCHOOL OF THE ARTS 6:30 PM SCHOOL NO. 33
JAN 14		ROCHESTER ACADEMY 6:00 PM VERTUS HIGH SCHOOL	FEB 18		CHARLES FINNEY 6:00 PM VERTUS HIGH SCHOOL
JAN 16		WILSON MAGNET 6:30 PM VERTUS HIGH SCHOOL	FEB 20		WILSON MAGNET 12:45 PM WILSON MAGNET HIGH SCHOOL

Reminders:

Attendance Expectations:

School begins promptly at 7:40 AM every day. Students are expected to be in full uniform ready for the morning meeting. Arriving late disrupts the learning environment and causes students to miss valuable instructional time.

Absences: If your son is going to be absent, please inform the school as soon as possible by contacting your son's Preceptor. If he isn't in, your son's Preceptor will be reaching out to you. Absences should be limited to illness, family emergencies, or other significant reasons. We encourage medical appointments to be scheduled outside of school hours whenever possible.

Tardiness: **Any student arriving after 7:40 AM will be marked tardy. Chronic lateness will result in AIS after school or Saturday morning, and after a certain number of tardies, additional consequences will be put in place** including a meeting with you at the school. It is important for students to develop the habit of punctuality, as it reflects their level of responsibility and commitment to their education.

We appreciate your support in ensuring your son's success at Vertus High School. Your support in reinforcing these expectations will help us maintain a strong and positive learning environment for all students. Should you have any questions or concerns, please do not hesitate to reach out to your son's Preceptor.

Picking Students Up Early

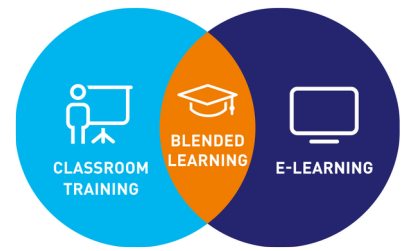
Please be reminded that if you need to pick up your son early from school, it must be done before **2:40 PM**. After this time, we will not be able to dismiss students early. We apologize for any

inconvenience this may cause, but this policy is in place to ensure a safe and structured dismissal process for all students.

Thank you for your understanding and cooperation.

Blended Learning Program

I'd like to remind you that Vertus High School is a blended learning program. Your son's schedule will include both teacher-led classes and learning lab time, during which he will work on his mandatory online courses. This is *not optional*, as students earn credit for both types of classes.



Blended learning provides several key benefits for students:

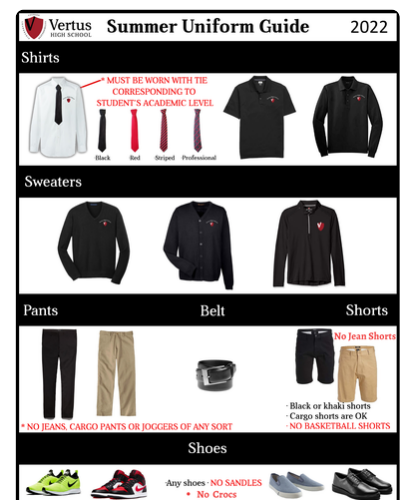
- **Personalized Learning:** Students can work at their own pace during online lab time, allowing them to revisit concepts they find challenging and progress more quickly through material they grasp easily.
- **Skill Development:** In addition to learning course content, students develop valuable skills such as time management, self-discipline, and independent learning—all critical for success in college and future careers.
- **Preparation for Regents Exams:** The combination of teacher-led instruction and online courses is designed to reinforce understanding of core content, which helps students better prepare for their Regents exams.
- **Credit Recovery and Acceleration:** The online component allows students to catch up on missed credits or even accelerate their progress, giving them the flexibility to stay on track for graduation.

Thank you for your continued support as we work together to ensure your son's academic success.

Student Uniforms

All students must be in full uniform BEFORE entering the double doors. Please review the guide below.

- No Jeans
- No slides/crocs
- No sagging
- No Athletic Shorts



Late Students

We want to ensure that all of our students are in school on time each day. We understand that there may be uncontrollable circumstances that cause lateness. In such cases, please keep the following reminders in mind:

- **Arrival After 11:30 AM:** If your son arrives at school after 11:30 AM, he must be accompanied by a guardian, or you must contact the school beforehand to confirm that you are aware of his late arrival.



- **Food Policy:** If your son arrives late with food, please note that he will not be allowed to eat it in class or in the halls. He must store the food in his locker and wait until his lunch period to eat. Our goal is to maximize instructional time for all students. Your cooperation in helping us maintain a focused and productive learning environment is greatly appreciated. Thank you for your understanding and support.

2024-25 Calendar

https://www.vertusschool.org/wp-content/uploads/2024/08/Vertus-Calendar_2024-2025.pdf

[vertusschool.org](https://www.vertusschool.org)

Athletics

Click the links below to get more information on our athletic program:

- [Athletic Calendar](#)
- [Athletic Rosters](#)
- [Sideline Store](#)



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Levi Bennett

Principal